



			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	WEEK 1	AM	Assorted Cereal/milk	Bagels with jam/butter, Milk	Frosted Flakes Cereal, Milk	Oatmeal with brown sugar, Milk	Toast with butter/jam Milk
		PM	Garlic Bread Water	Granola bars/milk	Baked Potatoes, Water	Fresh Fruit/Milk or Water	Cookies, Milk
	WEEK 2	AM	Cereal, Milk	Toast w jam/ butter, Milk	Assorted Cereal, Milk	Oatmeal with brown sugar, Milk	Bagels with butter/jam Milk
		PM	Cheese crackers/water	Fresh Fruit. Water/milk	Cookies Milk	Veggies with ranch, water	Garlic Bread, Water
	WEEK 3	AM	Toast w jam/ butter, Milk	Cereal with Milk	Bagels with Jam/ butt er, Milk	Oatmeal with brown sugar, Milk	Cereal with Milk
		PM	Garlic bread, Water	Granola bars/milk	Baked Potatoes, Water	Fresh fruit water/milk	Cookies/,Milk
	WEEK 4	AM	Assorted Cereal/ Milk	Bagels with jam/butter, Milk	Cereal with Milk	Oatmeal with brown sugar, Milk	Toast with butter/jam Milk
		PM	Cheese crackers/ water	Fresh Fruit Water/milk	Cookies with milk	Veggies with ranch, water	Garlic Bread, Water